



Partnership Opportunity Learning Advantage Nobility Development  
MIĘDZYNARODOWE CENTRUM PRAKTYK ZAWODOWYCH

"The only way to do great work is to love what you do.  
If you haven't found it yet, keep looking.  
Don't settle. As with all matters  
of the heart, you'll know when you find it."  
*Steve Jobs*



## Info Pack for Erasmus+ Project in Wrocław, Poland

**21.10.2018 – 10.11.2018**

**Slovakia**



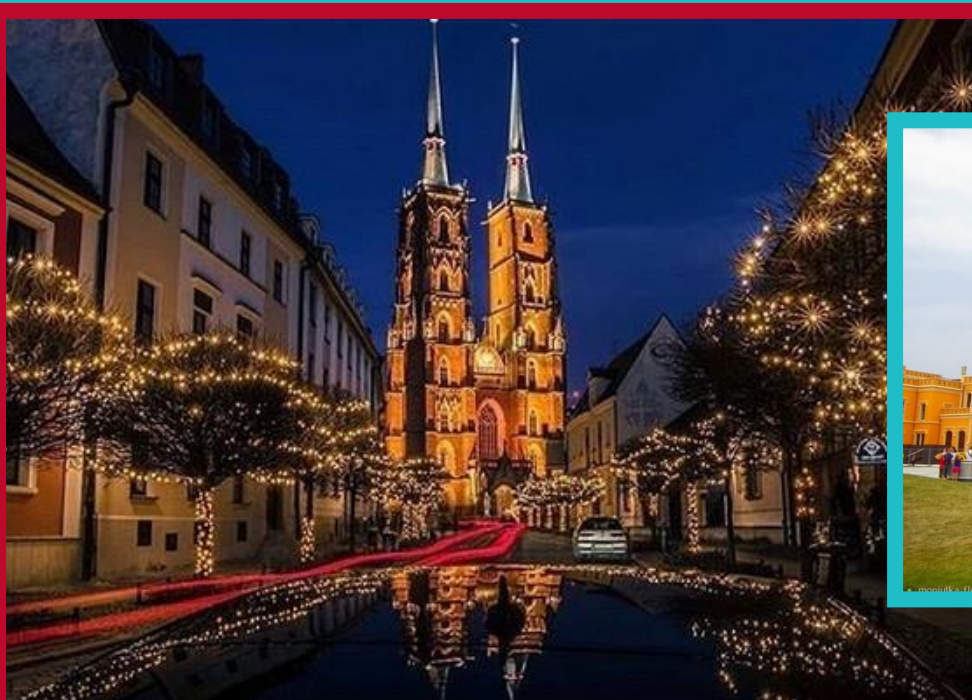


### Basic facts about Wrocław :

- City area: 293 km square
- Population: 634 thousands
- 1000-year-old city
- 12 different islands
- More than 112 bridges
- Wrocław has been selected as a European Capital of Culture in 2016 (along with San Sebastián)







## **ARRIVAL to Wrocław: 21st of October (Sunday)**

Our Taxi driver will pick up the Students from the airport. He will hold an information with "AVIVA POLAND" sign.

TUTOR will welcome Students in their hotel at Komuny Paryskiej 19 street.

## **22nd of October (Monday) :**

Welcome meeting and PRESENTATION in Aviva Poland office

(introduction into Polish history, culture and presentation about companies and basic rules in work placements)

**Medical examination, and safety training – more information in Aviva Poland office on Monday**

**\*\*\* Start Introduction days in the companies\*\*\***



# Before your work placement in Poland

## Check your:

- medical insurance/care
- third party liability insurance
- accident insurance

## In case of illness:

If you have **European Health Insurance Card (blue EKUZ card)**  
– inform Aviva's tutor that you need medical visit.

If you have **other insurance**, please contact with your insurance company – the number is on a card – and explain what is happening. Insurance company will inform you what you have to do.

There is an option of **private visit**, but it costs around 80-120 PLN.

If you take any **medicines permanently** remember to take it with you.

Some medicines which you can buy in other countries in pharmacy (APTEKA) in Poland may need prescription from the doctor or may be not available (e.g. all antibiotics).

**Everyone will be obligated to take care of the place he/she lives**

## WARNING!

Please do not change  
your money

AT THE AIRPORT !

Always check the rates!!



**Please save main phonenumber:**  
**EMERGENCY – 112**

**AGNIESZKA FRANK**  
[info@avivapoland.com](mailto:info@avivapoland.com)

**MARCELA PIOWAR +48 790 752 914**  
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[konstancja.szymura@avivapoland.com](mailto:konstancja.szymura@avivapoland.com)



After arrival if you will have any questions or requests first ask your tutor – your tutor will pass us information or solve your problem

### Useful websites:

[wroclaw.jakdojade.pl/  
? locale=en](http://wroclaw.jakdojade.pl/?locale=en)  
(how to navigate the city)

[www.wroclawweekly.p](http://www.wroclawweekly.pl)  
| (cultural news in  
EN)

[www.wroclaw.pl/  
rozklady\\_jazdy.dhtml](http://www.wroclaw.pl/rozklady_jazdy.dhtml)  
(bus and tram



find  
your  
**PASSION**



## AVIVA POLAND – OFFICE address:

Leszczyński Center  
4 Leszczyńskiego Street, 3<sup>rd</sup> floor,  
room 74. Wrocław, Poland



## WARNING!

Please if it is required  
according to your  
work placement, take  
with you:

Working clothes &  
Shoes

Important  
documents

## AT WORK PLACEMENT:

- First day please take the phone number of your tutor (to inform him/ her about urgent situations and stay in touch)
  - In case of absence at work (absence must be justified) inform immediately your tutor at work and then aviva's tutor.
  - Ask questions
  - Show interest
  - Take initiative
- Please do not compare working conditions – each company has its own rules**



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made in  
poland

Have an amazing and rich in experience  
time in Poland! :)

